

MEATS & POULTRY



Experience the satisfaction of knowing your food and knowing your farmer.

Local
Sustainable
Humane
No Antibiotics
No Hormones

Lakes Region Nutrition Center offers a variety of organic and natural meats and poultry that are free of antibiotics and hormones, raised and processed humanely and taste great!

Misty Knolls Farm, New Haven, Vermont

www.mistynollfarms.com

Whole Chicken
Boneless, Skinless Chicken Breast
Turkey Cutlets
Boneless Turkey Breast

Stonewood Farm, Orwell, Vermont

www.stonewoodfarm.com

Ground Turkey
Sweet Turkey Sausage
Hot Turkey Sausage
Boneless Turkey Breast

Bilinski's

www.bilinski.com

Chicken's humanely raised in Lancaster, PA & processed in Cohoes, NY
Pesto Romano Chicken Sausage
Spinach & Garlic Chicken Sausage
OG Italian Chicken Sausage

Grateful Harvest

www.gratefulharvest.com

Grass-fed, humanely raised in USA, Uruguay, or Australia
Organic Ground Beef
Organic Steaks, Selection may vary

3 J Farm, Danbury, NH

www.threejfarm.com

100% Grass-fed
Ground Beef
Boneless Ribeye Steak
Additional selection may vary

Yankee Farmer's Market LLC Warner, NH

www.yankeefarmersmarket.com

100% Grass-fed
Ground Buffalo
Buffalo Patties
Buffalo Stew Meat
Buffalo Sausage

Applegate Farms

www.applegatefarms.com

Animals humanely raised in Canada, MI, NC, & PA
Organic Deli Turkey
Organic Deli Ham
Organic Sunday Bacon
Organic Turkey Bacon
Organic Stadium Hot Dogs
Organic Turkey Burgers